

July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 • Chagford H.C	2 • Cheriton Bishop Practice	3 • Blake House Surgery	4 • Okehampton M.C (OMC)	5 • Okehampton M.C (OMC)	6 • Mental Wellbeing Drop in 10am-12pm (OMC) • Pain Management 1-5pm (remote) • Strength and Balance (OMC)
7	8 • Chagford H.C	9 • Cheriton Bishop Practice	10 • Blake House Surgery	11 • Okehampton M.C (OMC)	12 • Okehampton M.C (OMC)	13 • Mental Wellbeing Drop in 10am-12pm (OMC) • Pain Management 1-5pm (remote) • Strength and Balance (OMC)
14	15 • Chagford H.C	16 • Cheriton Bishop Practice	17 • Blake House Surgery	18 • Okehampton M.C (OMC)	19 • Okehampton M.C (OMC)	20 • Mental Wellbeing Drop in 10am-12pm (OMC) • Pain Management 1-5pm (remote) • Strength and Balance (OMC)
21	22 • Chagford H.C	23 • Cheriton Bishop Practice	24 • Blake House Surgery	25 • Okehampton M.C (OMC)	26 • Okehampton M.C (OMC)	27 • Mental Wellbeing Drop in 10am-12pm (OMC) • Pain Management 1-5pm (remote) • Strength and Balance (OMC)
28	29 • Chagford H.C	30 • Cheriton Bishop Practice	31 • Blake House Surgery	1	2	3